

Havana, Cuba

November 22-29, 2018

COURSE: Clairvoyance and Our Inner Psychic – Learn to develop clairvoyance and psychic abilities in Havana.

COST: \$500

On November 22 I will be leading a small group of students on a spiritual journey of self-empowerment to Havana, Cuba. This trip will focus on the development of Clairvoyance and Our Inner Psychic. The goal is to learn to quiet the mind, listen to the body and enhance our spiritual capabilities.



What is included:

- Airport Transfer to and from the airport (arrival November 22nd and departure November 29th – if you need to arrange for transportation outside of those days, please let me know).
- Shared accommodations in a local home (casa particular) in Central Havana.
- Breakfast Daily
- Two Dinners
- Two Beach Excursions
- Two Dancing Excursions
- Course Certificate of Completion

What to expect:

- We arrive on the afternoon of November 22nd (Thanksgiving Day).
- We will stay at a casa particular, where breakfast will be served daily.
- We will have meditation and yoga every morning at 8am.
- We will have a 2 hour class every day.
- We will enjoy a walking tour of Old Havana (be prepared to WALK 5-7 miles)*
- We will dance and dine at local venues.*
- We will have a spiritual consultation by a Babalau. *

What to know:

Cuba is a communist country, which means the prices are the same everywhere on the island. You can expect to spend no more than \$25 USD per day on dining (lunch and dinner). Beers and Cocktails are about \$2-3 each, EVERYWHERE.

Communism also means that Cuba is an EXTREMELY safe country. Two of us on the trip speak Spanish at near native fluency, so you will have access to the Cuban people with the help of interpreters throughout the experience.

You should travel light, and if you can, bring gifts to offer for people you meet. Look at what you have that no longer serves you, and consider bringing on the trip to offer as a thank you for allowing us to be guests in their country.

Flight Details:

Please note, you do not have to book THIS flight. This is just the flight that many of us are traveling on. If you have an alternative airline you would prefer to use, please try to find flights that coordinate with the time of arrival and departure.

AA Flight 801 (out of Charlotte) arrives HAV on 11/22 at 5:30 pm (leave ATL at 10:52 am)

AA Flight 802 (into Charlotte) departs HAV on 11/29 at 6:30 pm (arrive ATL at 11:40 pm)

* Additional cost may apply

COST:**Total cost \$500 per person.**

Deposit of \$150 due by 8/20

Payment 2 of \$150 due by 9/20

Final Payment of \$200 due by 10/20